

Step - Up NeuroRehab Program

Oakville Trafalgar Memorial Hospital
 Outpatient Rehabilitation Department
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 Contact: Nicole Church, Manager of Rehabilitation Clinics



Program Status:

- The NeuroRehab clinic is part of the Step-Up Program
- In person Services (OT, PT, SLP)
- All services offered Monday to Friday
- Option for virtual treatment if appropriate
- Wait time for community referrals at this time is approximately 3-6 months



Eligibility Criteria:

- 18 years of age and older
- Medically stable
- Physician signed referral with discipline specific goals
- Typically requires two out of the three disciplines (OT, PT, SLP)
- MUST reside within the Halton region
- Other regions considered ONLY when OT/PT/SLP services are not available within their own region; please note these referrals often have a longer wait time
- MUST have a new diagnosis of a neurological condition within the last year
- MUST be able to tolerate at least two consecutive hours of therapy
- Conditions treated may include:
 - Acute ischemic and/or hemorrhagic stroke
 - Acquired Brain Injury
 - Brain tumor
 - Guillain-Barre Syndrome
 - Multiple Sclerosis



Exclusion Criteria:

- Patient does not have restorative potential
- Needs catheter assistance and/or assistance x 2 person for toileting
- Requires assist x 2 for mobility or a mechanical lift for transfers i.e. acute/complex spinal cord patients, laminectomy
- Resides in a long term care facility
- Younger than 18 years of age
- Referred for a maintenance program
- Significant behavioral concerns
- Has completed the Step-Up NeuroRehab program within the last year and has NOT since had a new event (i.e. no recent change in their functional status)



Highlights:

- Permanent staffing in all three disciplines within the program.
- With the exception of the first three months of the pandemic, we have been able to offer in person therapy services and continue to do so. This has allowed for manageable waitlist times.



To Refer:

- Please use our referral form on our website www.haltonhealthcare.on.ca/services
- Scroll down to 'outpatient rehab'
- Click on 'Step-Up Program'
- Download 'referral-form-new-stepup-a-and-r-jan-2018.pdf'

