

# My Stroke Journey User Tips

## Purpose of the Resource:

- To visually represent the journey after stroke in the West GTA Stroke Network region
- Show the "big picture" or system level view of stroke recovery
- Intended to supplement NOT replace other resources

## Key Features:

- Developed in consultation with persons with stroke and clinicians in our region
- Utilizes images to facilitate communication with persons with aphasia

## Tips on How to Use this Resource:

- *Emphasize that every person with stroke will have a unique journey post stroke which will include different services*
- *The roundabout was used to show that the stroke journey can take many different paths*

## Tips on How to Use this Resource (continued):

- Start by describing where the person with stroke is currently in their journey. Then discuss the journey after.
- Use arrows or circle the individual services that apply
- Feel free to write notes or add additional services on the map
- Supplement the map with other information
- Answer any questions

