

Virtual Classroom



The purpose of the **Virtual Classroom** is to educate clinicians working in stroke care on topics related to stroke best practices. This web based learning format will allow you to move at your own pace and learn when it's most convenient for you! Currently, there are three live e-learning modules; Stroke and Sexual Health, Management of the Upper Extremity Post Stroke and FAST-ED.

New E-Learning Modules AVAILABLE NOW!

- **ACT-FAST:** This e-learning module will provide a background on endovascular therapy (EVT) for stroke; review the changes in acute stroke care management and provide an overview of the ACT-FAST. The ACT-FAST is one tool for estimating the likelihood of large vessel occlusion and the utilization of the triage tool to promote efficient treatment with patients presenting with acute stroke symptoms.



Website Updates

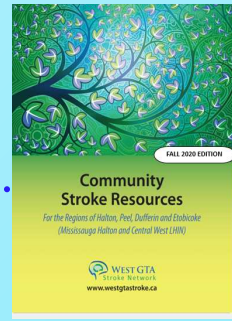
- The West GTA Stroke Network team is currently updating the website to ensure that both persons with stroke and healthcare providers have up to date stroke resources. Please visit our updated [website](http://www.westgstroke.ca).

NEW - Infographics

- The purpose of these infographics is to focus on key areas related to stroke care and prepare a one page info sheet highlighting stroke best practices and available resources. These can be printed off and posted on units etc. [Click here to access](#)

Community Resource Booklet

Fall 2020 Edition



The West GTA Stroke Network recently released the updated version of the Community Resource Booklet. This resource highlights community resources available in the Mississauga-Halton and Central West regions. This booklet covers resources available to address various concerns that may occur as a result of a stroke. The West GTA Stroke Network Community Resource Booklet was updated with feedback from providers and persons with stroke. Some new additions this year include:

- A caregiver resource page
- Transportation resources by region
- Books about stroke
- Depression post stroke educational resources
- Aphasia section
- How to use this resource section....and much more!

To obtain your copy for download please visit the following link <https://westgstroke.ca/>



COVID-19 Resources

The West GTA Stroke Network has compiled a list of relevant **COVID-19 resources** to share with our regional stakeholders. This list will be updated as resources become available. Please feel free to reach out to us at westgstroke@thp.ca if you require any additional resources during this time.

Virtual 'Live' Education Sessions



Due to Covid-19 the West GTA stroke network had to get creative as to how we complete our in-person education workshops.

The West GTA Stroke Network sent out a virtual learning logistics/feasibility survey to key stakeholders in our region end of August 2020. A total of 11 healthcare providers within our region across the continuum completed the survey which helped identify the learning needs as well as the logistics of what is the best way to deliver this education.

***Our first 'live' virtual education session will take place November 12th, 2020 - Virtual Community Stroke Partners Day. More details to follow shortly!**

Archived Provincial Stroke Rounds



Burned through The Tiger King, Ozark and The Crown? Ready to binge watch a new series?

Fill the gap left by the absence of in-person Stroke Continued Professional Development with two years of Provincial Stroke Rounds!

You will:

- Find out the latest on COVID and Stroke and where to locate useful Resources (August 2020)
- Brush up on Paediatric Code Stroke & EVT (Dec 2019)
- Get ready for Bundled Care (Oct 2019)
- Learn about how one centre undertook an early Supported Discharge Pilot (March 2019)
- Get updated on Prevention Clinics (Nov 2018)
- Explore Home Virtual Prevention Visits (May 2019)
- And much much more...

Pop some corn and grab your beverage of choice and get to it! OTN removes videos older than 2 years, so get cracking!

[Click here for more details!](#)

Self Management Resources for Persons with Stroke



The Canadian Partnership for Stroke Recovery recently released 11 English and 6 French videos on self-management for people recovering from stroke. Each video is accompanied by a resource sheet with information and links to further resources. You can access the videos at the following link <http://canadianstroke.ca/en/tools-resources/videos>

Regional Highlights



William Osler Health System:

- William Osler Health System (both locations, Brampton and Etobicoke) have officially rolled out a large vessel screening (LVO) tool (ACT-FAST) on September 21st, 2020 in their emergency departments for all 'walk-in' stroke patients. The ACT-FAST is one tool for estimating the likelihood of large vessel occlusion and the utilization of the triage tool to promote efficient treatment with patients presenting with acute stroke symptoms that could be potential candidates for EVT and therefore need a transfer to the regional stroke centre.

Thank you for all your great work in stroke care throughout our region !



To find out more about the network and our core activities please visit us on our website at www.westgstroke.ca

Sign up now for our email communications by visiting the "Professionals" tab on our [website](http://www.westgstroke.ca) and to view our past newsletters

To contact us please e-mail westgstroke@thp.ca