Stroke Websites and Apps Handout

# Websites

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| www.centralwesthealthline.ca/ | www.mississaugahaltonhealthline.ca/ |
| westgtastroke.ca | www.strokebestpractise.ca |
| www.sorcan./iscore/ | www.ehealth.heartandstroke.ca |
| www.tostroke.com/for-the-public/mobile-applications/ | [www.hc-sc-gc.ca](http://www.hc-sc-gc.ca) (food guide) |
| www.cdc.gov/stroke/ | www.ontariostrokenetwork.ca |
| www.aphasia.ca | http://www.haltonaphasiacentre.com/ |
| www.strokeengine.ca |  |

# Apps

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| **More Stroke Specific**  | **Skills, puzzles ,games** | **Brain Games**  |
| Stroke Link | Virtuoso (play piano) | Lumonisty |
| 3D Brain | iMazing | Dots |
| My Heart and Stroke Health | 4 pics one Word | Brainbean |
| Writing TherAppy | 7 little words | iMimic |
|  | Red Herring | Fit Brains |
|  | Chain of Thought |  |
|  | Word Abacus, Word Search, Hangman, Just Say it, Dabble, Word Jigsaw, Word Ladder, Word Stack, Missing Word |  |

# More Apps

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| **Health and Wellness, Self-Management**  | **Speech and Communication** | **Speech and Communication** |
| Breathe2Relax, Breathing Zone | Small talk | Lexico Cognition |
| ePocrates, iPharmacy, My medications | Dragon Dictation, IwordQ US, Vocabeans Lite, Speech Sound on Cue  | Speak Aid |
| Stress Check | Conversation Starters, Free Speech | NACD home speech therapy |
| Affirmations, Simply Being | iName it | VASTtx keywords, Speech Tutor |
| Diabetes lite | Lingraphica Talkpath Therapy | I can Articulate |
| Quit Pro | Language TherAPPY lite | Speech Rates, Quick Artic |
| Blood Pressure Companion | Locabulary | Megaphone |
| Obstructive Sleep Apnea Tracker | Firefly 3000, Free Books | Voice Test, Speech Amplifier |