

Name: _____ Age: _____ Today's Date: _____

Please check the most appropriate box that best matches your observation.

SYMPTOM CHECKLIST (TBI)

Please rate each behaviour. How often does each behaviour occur?	Never	Seldom	Occasionally	Frequently	Always
Eyesight Clarity					
Distance vision blurred – even with lenses	0	1	2	3	4
Near vision blurred – even with lenses	0	1	2	3	4
Clarity of vision changes/fluctuates during the day	0	1	2	3	4
Poor night vision/can't see well to drive at night	0	1	2	3	4
Visual Comfort					
Eye discomfort/sore eyes/eyestrain	0	1	2	3	4
Headaches or dizziness after using eyes	0	1	2	3	4
Eye fatigue/very tired after using eyes all day	0	1	2	3	4
Feel "pulling" around the eyes	0	1	2	3	4
Doubling					
Double vision – especially when tired	0	1	2	3	4
Have to close or cover one eye to see clearly	0	1	2	3	4
Print moves in and out of focus when reading	0	1	2	3	4
Light Sensitivity					
Normal indoor lighting is uncomfortable - too much glare	0	1	2	3	4
Outdoor light is too bright – have to use sunglasses	0	1	2	3	4
Indoor fluorescent lighting is bothersome or annoying	0	1	2	3	4
Dry Eyes					
Eyes feel "dry" and sting	0	1	2	3	4
"Stare" into space without blinking	0	1	2	3	4
Have to rub the eyes a lot	0	1	2	3	4
Depth Perception					
Clumsiness/misjudge where objects really are	0	1	2	3	4
Lack of confidence walking/missing steps/stumbling	0	1	2	3	4
Poor handwriting (spacing, size, legibility)	0	1	2	3	4
Peripheral Vision					
Side vision distorted/objects move or change position	0	1	2	3	4
What looks straight ahead isn't always straight ahead	0	1	2	3	4
Avoid crowds/can't tolerate "visually busy" places	0	1	2	3	4
Reading					
Short attention span/easily distracted when reading	0	1	2	3	4
Difficulty/slowness with reading and writing	0	1	2	3	4
Poor reading comprehension/can't remember what was read	0	1	2	3	4
Confusion of words/skip words during reading	0	1	2	3	4
Lose place/have to use finger not to lose place when reading	0	1	2	3	4