

Community Step Up Program

Purpose of Program

- To provide a rehabilitative care approach for frail seniors who are medically complex
- To prevent hospital admission or readmission
- To prevent or delay long term care placement

Targeted Population

- Frails seniors that are medically complex
- Seniors that have restorative potential
- Require a multi-disciplinary approach to rehabilitation
- Require 2 out of the 3 disciplines including physiotherapy, occupational therapy and speech and language pathology
- Score 4-5 on the AUA screener

Identifying Candidates

- Recent episode of acute care
- Unsteady on feet
- Loss of balance, strength, range of motion
- Difficulties walking
- Coughing while eating or taking longer to eat meals
- Making modifications to foods or avoiding types of foods
- Difficulty finding their words
- Difficulty understanding what client is saying (not related to ESL)
- Gradual or sudden changes to communication, e.g., voice, comprehension
- Unable to perform their own ADLs
- May not be able to participate in their own routine activities

Referral Process

- Fill out the referral form
- Fax to 1.855.412.6627
- Physician referral is not required

For more information

Call 1.877.696.1620

