

# Caregiver ReCharge

IN-HOME SUPPORT FOR  
CAREGIVERS WHO NEED RELIEF

Alzheimer Society  
PEEL

NIL Nucleus  
Independent  
Living

Links2Care

AbleLiving  
Services  
Thrive Group

Home  
Instead  
SENIOR CARE  
to us, it's personal.

Ontario  
Mississauga Halton Local  
Health Integration Network

## What is the *Caregiver ReCharge* service (CRS)?

- In-home respite for the primary caregiver who is experiencing high levels of stress
- It is targeted specifically for **high acuity/high needs** individuals and the caregivers who care for them.
- The service is flexible to the caregiver's needs as the caregiver determines when they use their hours and for what purpose. CRS focuses on a person-centered experience.
- Substitute caregiving by trained and experienced workers
- An allocation of hours customized to meet the needs of the caregiver
- Pre-scheduled in-home support services available over a 24-hour period

## What services are available through the *Caregiver ReCharge* service?

Assistance with Activities of Daily Living (ADL), Instrumental Activities of Daily Living (IADLs) and Companionship Support/Safety or Risk Monitoring including non-medical assistance with:

- Ambulation/transfers
- Dressing/undressing
- Personal hygiene/bathing/elimination
- Meal preparation/assistance with eating
- Medication assistance / reminders
- Homemaking (i.e. light housekeeping, laundry etc.)
- Range of motion exercises
- Some recreational activities (i.e. playing cards, reading, games etc.)
- Redirection/prompting/cueing
- Prevention of wandering/safety checks

## How much does the *Caregiver ReCharge* service cost?

The *Caregiver ReCharge* service is funded by the Mississauga Halton LHIN for caregivers who provide support to loved ones living in the South Etobicoke, Mississauga, Oakville, Georgetown, Milton and Halton Hills areas.

## Who qualifies for the *Caregiver ReCharge* service?

- A primary informal caregiver and care recipient who demonstrate a need and meet assessment eligibility criteria for services
- One caregiving location that is within the Mississauga Halton Local Health Integration Network (MH LHIN) boundaries
- Caregiver and Care Recipient must be insured by the Ontario Health Insurance Plan (OHIP)
- Caregiving support required must be non-medical in nature

**For more information or to apply:**

**Call 905-281-4443 or visit [www.centralregistry.ca](http://www.centralregistry.ca)**

Caregiver  
Respite  
Program

*Caregiver Recharge* is a collaborative community service within the MH LHIN's award-winning Caregiver Respite Program.

*Caregiver Recharge* is made possible through the funding support of the Mississauga Halton LHIN.