

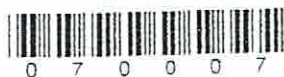
Chedoke-McMaster Stroke Assessment

SCORE FORM Page 3 of 4

IMPAIRMENT INVENTORY: STAGE OF RECOVERY OF LEG AND FOOT

LEG: Start at Stage 4 with the client in crook lying. FOOT: Start at Stage 3 with the client in supine. Test position is beside the item or underlined. If not indicated, the position has not changed. Place an X in the box of each task accomplished. Score the highest stage in which the client achieves at least two Xs. For "standing" test items, light support may be provided but weight bearing through the hand is not allowed. Shoes and socks off.

LEG		FOOT	
1	<input type="checkbox"/> not yet Stage 2	1	<input type="checkbox"/> not yet Stage 2
2	Crook lying <input type="checkbox"/> resistance to passive hip or knee flexion <input type="checkbox"/> facilitated hip flexion <input type="checkbox"/> facilitated extension	2	Crook lying <input type="checkbox"/> resistance to passive dorsiflexion <input type="checkbox"/> facilitated dorsiflexion or toe extension <input type="checkbox"/> facilitated plantarflexion
3	<input type="checkbox"/> <u>abduction</u> : adduction to neutral <input type="checkbox"/> hip flexion to 90° <input type="checkbox"/> full extension	3	Supine <input type="checkbox"/> plantarflexion > ½ range Sit <input type="checkbox"/> some dorsiflexion <input type="checkbox"/> extension of toes
4	<input type="checkbox"/> hip flexion to 90° then extension synergy <input type="checkbox"/> bridging hip with equal weightbearing Sit <input type="checkbox"/> knee flexion beyond 100°	4	<input type="checkbox"/> some eversion <input type="checkbox"/> inversion <input type="checkbox"/> <u>legs crossed</u> : dorsiflexion, then plantarflexion
5	Crook lying <input type="checkbox"/> extension synergy, then flexion synergy Sit <input type="checkbox"/> raise thigh off bed Stand <input type="checkbox"/> Hip extension with knee flexion	5	<input type="checkbox"/> <u>legs crossed</u> : toe extension with ankle plantarflexion <input type="checkbox"/> <u>sitting with knee extended</u> : ankle plantarflexion, then dorsiflexion Stand <input type="checkbox"/> <u>heel on floor</u> : eversion
6	Sit <input type="checkbox"/> lift foot off floor 5X in 5 sec Stand <input type="checkbox"/> full range internal rotation <input type="checkbox"/> Trace a pattern: forward, side, back, return	6	<input type="checkbox"/> <u>heel on floor</u> : tap foot 5X in 5 sec <input type="checkbox"/> <u>foot on floor</u> : foot circumduction <input type="checkbox"/> <u>knee straight, heel off floor</u> : eversion
7	Stand <input type="checkbox"/> <u>unsupported</u> : rapid high stepping 10X in 5 sec <input type="checkbox"/> <u>unsupported</u> : trace a pattern quickly: forward, side, back, reverse <input type="checkbox"/> <u>on weak keg with support</u> : hop on weak leg <input type="checkbox"/> STAGE OF LEG	7	<input type="checkbox"/> heel touching forward, then toe touching behind, repeat 5X in 5 sec <input type="checkbox"/> <u>foot off floor</u> : circumduction quickly, reverse <input type="checkbox"/> up on toes, then back on heels 5X <input type="checkbox"/> STAGE OF FOOT



"COPY FREELY - DO NOT CHANGE"

Copyright © 1994 McMaster University and Hamilton Health Sciences